## Outcome One: School-age youth 12-17

### Strategies from September 2013 event
- K-12 curriculum on mental health
- Regular screenings and Mental Health First Aid in schools
- More licensed mental health workers in schools
- Accessible, affordable extracurricular, job and volunteer activities
- Positive outlets and safe places for youth (art, music, physical education)
- Bullying prevention in schools
- Adult and peer mentoring in schools
- Parent involvement and education
- Ongoing professional development for school personnel
- Ensure confidentiality at school for youth

### CCS-KC strategies
- Teach a mental health curriculum in schools.
- Use the arts to inform youth about wellness.
- Use student-led small groups to reduce stigma, increase inclusion.
- Make knowledgeable adults plentiful and visible.
- Expand options for activities outside of schools.
- Use Text, Talk, Act to start the conversation about mental health.

### Metropolitan Council of Community Mental Health Centers moving forward.

### Using St. James Academy example to inform others.

### Wyandot Inc. and Metro Council making MHFAiders plentiful and visible.

### Jewish Family Services and GKC Mental Health Coalition taking Text, Talk, Act to schools.
Outcome Two: Transition-age young adults

**Strategies from September 2013 event**
- Develop strong support networks with positive peer role models and mentors.
- Life readiness training for young adults
- Vocational/Job training and internships
- Provide mental health services that follow youth as they transition into adulthood
- Support families of young adults with mental health issues
- Make and distribute mental health information in formats/media accessible to young adults
- 24-hour access for age-appropriate crisis support
- Sensitivity training for police officers
- Access to transitional living and housing

**CCS-KC strategies**
- Officer life-readiness training and peer support for any young adult
- Provide flexible funding streams to pay for services to young adults
- Use Text, Talk, Act to engage young adults in conversation about mental health

- Cornerstones of Care serves as incubator for The Hub for young adults.
- Soul Hole Productions launches Quarky, an app with wellness information.
- JFS / Mental Health Coalition serves as home. Active Minds-Rockhurst and other young adult groups hold Text, Talk, Act
**Outcome Three: The mental health system**

<table>
<thead>
<tr>
<th>Strategies from September 2013 event</th>
<th>CCS-KC strategies</th>
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<tbody>
<tr>
<td>Community campaign to education the public (forums, PSAs, positive media initiatives)</td>
<td>Include persons with lived experience in decision-making</td>
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<td>Incorporate mental health screenings in physical health visits and in schools</td>
<td>Encourage innovation in mental health services</td>
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<td>Increase funding for and sustainability of programs that work</td>
<td>Generate a road map to promote mental health careers</td>
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<td>Develop K12 mental health curriculum</td>
<td>Close gaps in information that people need to find services</td>
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<td>Improve access to mental health services</td>
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<td>Engage the faith/church community in awareness</td>
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<td>Improve coordination and transitions in service</td>
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<td>Provide training for judicial and law enforcement personnel</td>
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<td>Increase volunteerism, civic engagement (like this forum), and lobbying</td>
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<tr>
<td>Increase awareness and utilization of existing services</td>
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NAMI-KS has agreed to serve as home for placement of board members with lived experience.